



Stephanie recommends the following routine for the healthiest looking skin

Morning Routine

- Cleanser
- Toner (balances PH...not too oily or not too dry)
- Corrective (corrects unique conditions, like rosacea, hyper-pigmentation, acne, anti-aging etc...use as directed)
- Day Moisturize with SPF
- Eye Cream (there are no pores around the eyes, so you need “peptides” to penetrate to cell level)
- Neck & Throat Cream (use upward motion to diminish lines and thicken elasticity within the skin)

Evening Routine

- Cleanser
- Toner
- Corrective (use as directed)
- Night Moisturizer (active ingredients penetrate skin and restore the skin at night)
- Eye Cream
- Neck and Throat Cream

Twice Weekly

- Use a Polish and a Mask that is designed for your skin type.
 - When using a “Cosmeceutical line like Science Ceuticals, you need these 2 extra steps to cleanse away thousands of dead un-wanted skin cells.

Science Ceuticals is a “high active ingredient” cosmeceutical line that penetrates on a cellular level. This product line was designed to give each unique skin type and condition the highest result.